

Central Aquatic Center

Located at 520 Fairground Street, South next to the Cobb Civic Center in the Larry Bell Fitness Complex

Hours of operation:

| | | |
|-----------|-----------|-----------|
| Lap Swim: | Mon.-Fri. | 6 am-9 pm |
| | Sat | 9 am-5 pm |
| | Sun | 2 pm-5 pm |

Call for available open swim times (770) 528-8465.

Swimming Lessons Fall 2009

Session 1 August 17 – September 3

Session 2* September 8 – 24

**(classes will begin on Wed due to Labor Day – make-up class will be Friday Sept. 11)*

Session 3 September 27 – October 14

Saturday September 5 – October 10

On-Line Swim Registration for Cobb County Residents will begin at 9:00 am on August 15th, 2009.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 9:00am Saturday August 15th.

Non-Cobb resident's registration begins at 9:00 am on August 17th

Mountain View Aquatic Center

Located at 2650 Gordy Parkway in East Cobb

Hours of operation:

| | | |
|-----------|-----------|-----------|
| Lap Swim: | Mon.-Fri. | 6 am-9 pm |
| | Sat | 9 am-5 pm |
| | Sun | 2 pm-5 pm |

Call for available open swim times (770) 509-4925.

Swimming Lessons Fall 2009

Session 1 August 17 – September 3

Session 2 September 14 – October 1

Session 3 October 5-22

Saturday August 22 -September 26

On-Line Swim Registration for Cobb County Residents will begin at 2:00 pm on August 16th, 2009.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 2:00pm Sunday August 16th.

Non-Cobb resident's registration begins at 2:00pm on August 17th

West Cobb Aquatic Center

Located at 3675 Macland Road in Powder Springs

Hours of operation:

| | | |
|-----------|-----------|-----------|
| Lap Swim: | Mon.-Fri. | 6 am-9 pm |
| | Sat | 9 am-5 pm |
| | Sun | 2 pm-5 pm |

Call for available open swim times 770-222-6700

Swimming Lessons Fall 2009 (Mon/Wed Sessions)

Session 1 August 17-Sept 2

Session 2 Sept 9-28

Session 3 Sept 30-Oct 19

Session 4 Oct 21-Nov 10

Saturday September 5-October 10

On-Line Swim Registration for Cobb County Residents will begin at 2:00 pm on August 15th, 2009.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 2:00pm Saturday August 15th.

Non-Cobb resident's registration begins at 2:00 pm on August 17th

South Cobb Aquatic Center

Located at 875 Six Flags Drive in Austell

Hours of Operation:

| | |
|-----------|-------------|
| Mon – Fri | 8 am – 9 pm |
| Sat | 9 am – 5 pm |
| Sun | 2 pm – 5 pm |

Call for available open swim and lap swim times 770-739-3180

Swimming Lessons Fall 2009

Session 1 August 24 – September 11*

Session 2 September 14 – October 2

Session 3 October 5 – 22

Session 4 October 26 – November 12

Saturday September 5-October 10

*(Note – Session 1 classes will not meet on Monday Sept 7th, make-up class will be Friday September 11th)

On-Line Swim Registration for Cobb County Residents will begin at 6:00 pm on August 14th, 2009.

<http://prca.cobbcountyga.gov>

Walk up registration (at the facility) begins at 6:00pm Friday August 14th.

Non-Cobb resident's registration begins at 9:00 am on August 17th

Aquatic Center – Lessons**Adult Basics (age 15+)**

This class is designed to teach adults who are uncomfortable in the water. It will teach floating and buoyancy on the stomach and back. Introducing freestyle, back crawl, introduction to deep water, and basic water safety

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|---------------|
| 24855 | T, Th | Aug 18-Sept 3 | 8:00-8:50 PM |
| 24856 | T, Th | Sept 8-Sept 24 | 8:00-8:50 PM |
| 24857 | T, Th | Sept 29-Oct 15 | 8:00-8:50 PM |
| 24858 | Sat | Sep 5-Oct 10 | 1:00- 1:50 PM |

Mountain View Aquatic Center

| | | | |
|-------|-----|-----------------|----------------|
| 24446 | Sat | Aug 22 -Sept 26 | 10:00-10:50 AM |
|-------|-----|-----------------|----------------|

South Cobb Aquatic Center

| | | | |
|-------|------|----------------|---------------|
| 24623 | M, W | Aug 24 -Sept 9 | 6:30-7:20 PM |
| 24624 | M, W | Sept 14- Oct 1 | 6:30-7:20 PM |
| 24625 | M, W | Oct 5-21 | 6:30-7:20 PM |
| 24627 | Sat | Sep 5-Oct 10 | 1:00- 1:50 PM |

West Cobb Aquatic Center

| | | | |
|-------|-----|--------------|---------------|
| 24173 | Sat | Sep 5-Oct 10 | 1:10- 2:00 PM |
|-------|-----|--------------|---------------|

Adult Stroke Development (age 15+)

This class is for individuals who can swim at least 50 yards of freestyle without stopping and can swim backstroke and breaststroke, and who are comfortable in deep water. This class will teach increased endurance and improved stroke proficiency.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24861 | T, Th | Aug 18-Sept 3 | 7:00-7:50 PM |
| 24862 | T, Th | Sept 8-Sept 24 | 7:00-7:50 PM |
| 24863 | T, Th | Sept 8-Sept 24 | 7:00-7:50 PM |
| 24860 | Sat | Sep 5-Oct 10 | 11:00-11:50 AM |

<http://prca.cobbcountyga.gov>

Preschool**Parent Tot I (age 6mos-3 yrs)**

A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: 20.00 (R) 40.00 (N)

Central Aquatic Center

| | | | |
|-------|-----|--------------|---------------|
| 24923 | Sat | Sep 5-Oct 10 | 9:00- 9:30 AM |
|-------|-----|--------------|---------------|

Mountain View Aquatic Center

| | | | |
|-------|-------|-----------------|----------------|
| 24471 | T, Th | Aug 18-Sept 3 | 11:00-11:30 AM |
| 24473 | T, Th | Sept 15-Oct 1 | 11:00-11:30 AM |
| 24474 | T, Th | Oct 6-22 | 11:00-11:30 AM |
| 24472 | Sat | Aug 22 -Sept 26 | 9:00- 9:30 AM |

South Cobb Aquatic Center

| | | | |
|-------|-----|--------------|---------------|
| 24660 | Sat | Sep 5-Oct 10 | 9:00- 9:30 AM |
|-------|-----|--------------|---------------|

West Cobb Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24023 | M, W | Sept 9-Sept 28 | 11:00-11:30 AM |
| 24204 | M, W | Sept 30-Oct 19 | 11:00-11:30 AM |
| 24205 | M, W | Oct 21-Nov 9 | 11:00-11:30 AM |
| 24206 | T, Th | Sept 8-Sept 24 | 11:00-11:30 AM |
| 24207 | T, Th | Sept 29-Oct 15 | 11:00-11:30 AM |
| 24208 | T, Th | Oct 20-Nov 5 | 11:00-11:30 AM |
| 24209 | Sat | Sep 5-Oct 10 | 9:05- 9:35 AM |

<http://prca.cobbcountyga.gov>

Parent Tot II (age 18mos-3 yrs)

A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: 20.00 (R) 40.00 (N)

South Cobb Aquatic Center

| | | | |
|-------|------|-----------------|----------------|
| 24665 | Sat | Sep 5-Oct 10 | 9:00- 9:30 AM |
| 24661 | M, W | Aug 24-Sept 9 | 11:00-11:30 AM |
| 24662 | M, W | Sept 14-Sept 30 | 11:00-11:30 AM |
| 24663 | M, W | Oct 5-21 | 11:00-11:30 AM |
| 24664 | M, W | Oct 26-Nov 11 | 11:00-11:30 AM |

<http://prca.cobbcountyga.gov>

Tadpole (age 3-5)

This class is designed for the true beginner. Water adjustment skills, blowing bubbles, submerging, and water safety are taught in a playful atmosphere

Fees: 20.00 (R) 40.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|---------------|
| 24938 | T, Th | Aug 18-Sept 3 | 1:15- 1:45 PM |
| 24939 | T, Th | Sept 8-24 | 1:15- 1:45 PM |
| 24932 | T, Th | Sept 29-Oct 15 | 1:15-1:45 PM |
| 24936 | T, Th | Aug 18-Sept 3 | 4:00-4:30 PM |
| 24937 | T, Th | Sept 8-23 | 4:00-4:30 PM |
| 24933 | T, Th | Sept 29-Oct 15 | 4:00-4:30 PM |
| 24934 | M, W | Aug 17-Sept 9 | 5:00-5:30 PM |
| 24940 | M, W | Sept 28-Oct 14 | 5:00-5:30 PM |
| 24935 | Sat | Sep 5-Oct 10 | 9:45-10:15 AM |

Mountain View Aquatic Center

| | | | |
|-------|-------|-----------------|--------------------|
| 24482 | T, Th | Aug 18-Sept 3 | 11:45 AM -12:15 PM |
| 24483 | T, Th | Sept 15-Oct 1 | 11:45 AM -12:15 PM |
| 24486 | T, Th | Oct 6-22 | 11:45 AM -12:15 PM |
| 24484 | T, Th | Aug 18-Sept 3 | 6:30- 7:00 PM |
| 24485 | T, Th | Sept 15-Oct 1 | 6:30- 7:00 PM |
| 24487 | T, Th | Oct 6-22 | 6:30-7:00 PM |
| 24488 | Sat | Aug 22 -Sept 26 | 9:30-10:00 AM |

South Cobb Aquatic Center

| | | | |
|-------|-------|------------------|----------------|
| 24675 | M, W | Aug 24-Sept 9 | 11:45-12:15 PM |
| 24676 | M, W | Sept 14- Sept 30 | 11:45-12:15 PM |
| 24677 | M, W | Oct 5-21 | 11:45-12:15 PM |
| 24678 | M, W | Oct 26-Nov 11 | 11:45-12:15 PM |
| 24679 | T, Th | Aug 25-Sept 10 | 4:30-5:00 PM |
| 24680 | T, Th | Sept 15-Oct 1 | 4:30-5:00 PM |
| 24681 | T, Th | Oct 6-22 | 4:30-5:00 PM |
| 24682 | T, Th | Oct. 27- Nov 12 | 4:30-5:00 PM |
| 24683 | Sat | Sept 5-Oct 10 | 9:45- 10:15 AM |

West Cobb Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24221 | M, W | Sept 9-Sept 28 | 11:45-12:15 PM |
| 24222 | M, W | Sept 30-Oct 19 | 11:45-12:15 PM |
| 24223 | M, W | Oct 21-Nov 9 | 11:45-12:15 PM |
| 24224 | M, W | Sept 9-Sept 28 | 6:30-7:00 PM |
| 24225 | T, Th | Sept 8- 24 | 11:45-12:15 PM |
| 24226 | T, Th | Sept 29-Oct 15 | 11:45-12:15 PM |
| 24227 | T, Th | Oct 20-Nov 5 | 11:45-12:15 PM |
| 24228 | T, Th | Sept 8- 24 | 12:30-1:00 PM |
| 24229 | T, Th | Sept 29-Oct 15 | 12:30-1:00 PM |
| 24230 | T, Th | Oct 20-Nov 5 | 12:30-1:00 PM |
| 24231 | T, Th | Sept 8-24 | 6:30-7:00 PM |
| 24252 | Sat | Sept 5-Oct 10 | 9:45- 10:15 AM |

<http://prca.cobbcountyga.gov>

Minnow (age 3-5)

This class is for preschoolers who can already put their faces in the water. Kicking, stroking, gliding, floating and jumping in will be taught in a playful atmosphere.

Fees: 20.00 (R) 40.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24916 | T, Th | Aug 18-Sept 3 | 2:00- 2:30 PM |
| 24917 | T, Th | Sept 8-24 | 2:00-2:30 PM |
| 24918 | T, Th | Sept 29-Oct 15 | 2:00-2:30 PM |
| 24919 | T, Th | Aug 18-Sept 3 | 4:45-5:15 PM |
| 24920 | T, Th | Sept 8-24 | 4:45-5:15 PM |
| 24921 | T, Th | Sept 29-Oct 15 | 4:45-5:15 PM |
| 24913 | M, W | Aug 17-Sept 2 | 5:00-5:30 PM |
| 24914 | M, W | Sept 9-23 | 5:00-5:30 PM |
| 24915 | M, W | Sept 28-Oct 14 | 5:00-5:30 PM |
| 24922 | Sat | Sept 5-Oct 10 | 10:30-11:00 AM |

Mountain View Aquatic Center

| | | | |
|-------|-------|-----------------|----------------|
| 24464 | T, Th | Aug 18-Sept 3 | 12:30- 1:00 PM |
| 24468 | T, Th | Sept 15-Oct 1 | 12:30-1:00 PM |
| 24469 | T, Th | Oct 6-22 | 12:30- 1:00 PM |
| 24465 | T, Th | Aug 18-Sept 3 | 7:00-7:30 PM |
| 24466 | T, Th | Sept 15-Oct 1 | 7:00-7:30 PM |
| 24467 | T, Th | Oct 6-22 | 7:00-7:30 PM |
| 24470 | Sat | Aug 22 -Sept 26 | 10:30-11:00 AM |

South Cobb Aquatic Center

| | | | |
|-------|-------|------------------|-----------------|
| 24658 | Sat | Sept 5-Oct 10 | 10:30- 11:00 AM |
| 24651 | M, W | Aug 24-Sept 9 | 12:30- 1:00 PM |
| 24654 | M, W | Sept 14- Sept 30 | 12:30-1:00 PM |
| 24657 | M, W | Oct 5-21 | 12:30-1:00 PM |
| 24659 | M, W | Oct 26-Nov 11 | 12:30-1:00 PM |
| 24652 | T, Th | Aug 25-Sept 10 | 5:15-5:45 PM |
| 24653 | T, Th | Sept 15-Oct 1 | 5:15-5:45 PM |
| 24655 | T, Th | Oct 6-22 | 5:15-5:45 PM |
| 24656 | T, Th | Oct 27-Nov 12 | 5:15-5:45 PM |

West Cobb Aquatic Center

| | | | |
|-------|-------|----------------|-----------------|
| 24193 | Sat | Sept 5-Oct 10 | 9:45- 10:15 AM |
| 24192 | Sat | Sept 5-Oct 10 | 10:30- 11:00 AM |
| 24198 | M, W | Sept 8-24 | 11:45-12:15 PM |
| 24199 | M, W | Sept 29-Oct 16 | 11:45-12:15 PM |
| 24200 | M, W | Oct 20-Nov 6 | 11:45-12:15 PM |
| 24194 | M, W | Sept 8-24 | 12:30-1:00 PM |
| 24195 | M, W | Sept 29-Oct 16 | 12:30-1:00 PM |
| 24196 | M, W | Oct 20-Nov 6 | 12:30-1:00 PM |
| 24202 | M, W | Sept 8-24 | 1:15-1:45 PM |
| 24238 | M, W | Sept 29-Oct 16 | 1:15-1:45 PM |
| 24239 | M, W | Oct 20-Nov 6 | 1:15-1:45 PM |
| 24201 | M, W | Sept 9-28 | 6:30-7:00 PM |
| 24197 | M, W | Aug 17-Sept 2 | 6:30-7:00 PM |
| 24243 | T, Th | Sept 8-24 | 11:45- 12:15 PM |
| 24244 | T, Th | Sept 29-Oct 15 | 11:45-12:15 PM |
| 24245 | T, Th | Oct 20-Nov 5 | 11:45-12:15 PM |
| 24246 | T, Th | Sept 8-24 | 12:30-1:00 PM |
| 24247 | T, Th | Sept 29-Oct 15 | 12:30-1:00 PM |
| 24248 | T, Th | Oct 20-Nov 5 | 12:30-1:00 PM |
| 24240 | T, Th | Sept 8-24 | 1:15-1:45 PM |
| 24241 | T, Th | Sept 29-Oct 15 | 1:15-1:45 PM |
| 24242 | T, Th | Oct 20-Nov 5 | 1:15-1:45 PM |
| 24249 | T, Th | Aug 18-Sept 2 | 6:30-7:00 PM |
| 24250 | T, Th | Sept 8-24 | 6:30-7:00 PM |

<http://prca.cobbcountyga.gov>

Seals (age 3-5)

This class is designed for preschoolers who can already swim. The coordination of the flutter kick and alternating arm strokes will be taught. Rhythmic breathing, water safety, and confidence in the water will be stressed.

Fees: 20.00 (R) 40.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24930 | T, Th | Aug 18-Sept 3 | 2:45- 3:15 PM |
| 24931 | T, Th | Sept 8-24 | 2:45- 3:15 PM |
| 24924 | T, Th | Sept 29-Oct 15 | 2:45- 3:15 PM |
| 24925 | T, Th | Aug 18-Sept 3 | 5:30-6:00 PM |
| 24926 | T, Th | Sept 8-24 | 5:30-6:00 PM |
| 24927 | T, Th | Sept 29-Oct 15 | 5:30-6:00 PM |
| 24928 | M, W | Sept 9-23 | 5:00-5:30 PM |
| 24929 | Sat | Sept 5-Oct 10 | 11:15-11:45 AM |

Mountain View Aquatic Center

| | | | |
|-------|-------|-----------------|------------------|
| 24475 | T, Th | Aug 18-Sept 3 | 1:15 PM -1:45 PM |
| 24476 | T, Th | Sept 15-Oct 1 | 1:15 PM -1:45 PM |
| 24477 | T, Th | Oct 6-22 | 1:15 PM -1:45 PM |
| 24478 | T, Th | Aug 18-Sept 3 | 6:30- 7:00 PM |
| 24479 | T, Th | Sept 15-Oct 1 | 6:30- 7:00 PM |
| 24480 | T, Th | Oct 6-22 | 6:30-7:00 PM |
| 24481 | Sat | Aug 22 -Sept 26 | 11:15-11:45 AM |

South Cobb Aquatic Center

| | | | |
|-------|-------|-----------------|-----------------|
| 24674 | Sat | Sept 5-Oct 9 | 11:15- 11:45 AM |
| 24666 | M, W | Aug 24-Sept 12 | 1:15-1:45 PM |
| 24667 | M, W | Sept 14-Sept 30 | 1:15-1:45 PM |
| 24668 | M, W | Oct 5-21 | 1:15-1:45 PM |
| 24669 | M, W | Oct 26-Nov 11 | 1:15-1:45 PM |
| 24670 | T, Th | Aug 25-Sept 10 | 5:15PM-5:45PM |
| 24671 | T, Th | Sept 15-Oct 1 | 5:15PM-5:45PM |
| 24672 | T, Th | Oct 6-22 | 5:15PM-5:45PM |
| 24673 | T, Th | Oct 27-Nov 12 | 5:15PM-5:45PM |

West Cobb Aquatic Center

| | | | |
|-------|-------|----------------|---------------|
| 24210 | M, W | Sept 9-28 | 12:30-1:00 PM |
| 24211 | M, W | Sept 30-Oct 19 | 12:30-1:00 PM |
| 24212 | M, W | Oct 21-Nov 9 | 12:30-1:00 PM |
| 24213 | M, W | Sept 9-28 | 1:15-1:45 PM |
| 24214 | M, W | Sept 30-Oct 19 | 1:15-1:45 PM |
| 24215 | M, W | Oct 21-Nov 9 | 1:15-1:45 PM |
| 24216 | M, W | Aug 17-Sept 2 | 6:30-7:00 PM |
| 24217 | T, Th | Sept 9- 25 | 1:15-1:45 PM |
| 24218 | T, Th | Sept 30-Oct 17 | 1:15-1:45 PM |
| 24219 | T, Th | Oct 21-Nov 7 | 1:15-1:45 PM |
| 24220 | T, Th | Aug 18-Sept 1 | 6:30-7:00 PM |
| 25817 | Sat | Sept 5-Oct 10 | 1:10-1:40PM |

<http://prca.cobbcountyga.gov>

Learn to Swim Program - Age 5 1/2 & up**Level 1 (age 5 1/2-15)**

This class is designed for children 5 1/2 or older who have little or no swimming experience or who have a fear of the water. Basic water safety skills, placing face in the water, propulsion skills with support, and floating are taught at this level.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24865 | T, Th | Aug 18-Sept 3 | 6:00-6:50 PM |
| 24866 | T, Th | Sept 29-Oct 15 | 6:00-6:50 PM |
| 24867 | M, W | Aug 17-Sept 2 | 4:00-4:50 PM |
| 24868 | M, W | Sept 9-23 | 4:00-4:50 PM |
| 24864 | M, W | Sept 28-Oct 15 | 4:00-4:50 PM |
| 24869 | Sat | Sept 5-Oct 10 | 11:00-11:50 AM |

Mountain View Aquatic Center

| | | | |
|-------|------|-----------------|----------------|
| 24447 | M, W | Aug 17-Sept 2 | 3:30- 4:20 PM |
| 24448 | M, W | Sept 14-30 | 3:30- 4:20 PM |
| 24450 | M, W | Oct 5-21 | 3:30-4:20 PM |
| 24449 | Sat | Aug 22 -Sept 26 | 12:00-12:50 PM |

South Cobb Aquatic Center

| | | | |
|-------|------|-----------------|----------------|
| 24634 | Sat | Sept 5-Oct 10 | 11:00-11:50 AM |
| 24628 | M, W | Aug 24-Sept 12 | 4:30-5:20 PM |
| 24631 | M, W | Sept 14-Sept 30 | 4:30-5:20 PM |
| 24632 | M, W | Oct 5-21 | 4:30-5:20 PM |
| 24633 | M, W | Oct 26-Nov 11 | 4:30-5:20 PM |

West Cobb Aquatic Center

| | | | |
|-------|-------|---------------|----------------|
| 24175 | M, W | Sept 9-28 | 7:10-8:00 PM |
| 24176 | T, Th | Sept 8-24 | 7:10-8:00 PM |
| 24174 | Sat | Sept 5-Oct 10 | 11:10-12:00 PM |

<http://prca.cobbcountyga.gov>

Level 2 (age 6-15)

This class is designed for children who are able to float and glide on their stomach and back, and are comfortable going under water. The front crawl and backstroke are introduced along with rhythmic breathing to the side.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|----------------|----------------|
| 24888 | T, Th | Aug 18-Sept 3 | 6:00-6:50 PM |
| 24889 | T, Th | Sept 8-24 | 6:00-6:50 PM |
| 24884 | T, Th | Sept 29-Oct 15 | 6:00-6:50 PM |
| 24885 | M, W | Aug 17-Sept 2 | 4:00-4:50 PM |
| 24886 | M, W | Sept 9-23 | 4:00-4:50 PM |
| 24887 | M, W | Sept 28-Oct 14 | 4:00-4:50 PM |
| 24895 | Sat | Sept 5-Oct 10 | 12:00-12:50 PM |

Mountain View Aquatic Center

| | | | |
|-------|-------|-----------------|----------------|
| 24451 | M, W | Aug 17-Sept 2 | 4:30-5:20 PM |
| 24452 | M, W | Sept 14-30 | 4:30-5:20 PM |
| 24453 | M, W | Oct 5-21 | 4:30-5:20 PM |
| 24454 | T, Th | Aug 18-Sept 3 | 4:00-4:50 PM |
| 24455 | T, Th | Sept 15-Oct 1 | 4:00-4:50 PM |
| 24456 | T, Th | Oct 6-22 | 4:00-4:50 PM |
| 24457 | Sat | Aug 22 -Sept 26 | 12:00-12:50 PM |

South Cobb Aquatic Center

| | | | |
|-------|------|------------------|----------------|
| 24636 | Sat | Sept 5–Oct 10 | 11:00-11:50 PM |
| 24635 | Sat | Sept 5–Oct 10 | 12:00-12:50 PM |
| 24637 | M, W | Aug 24-Sept 9 | 4:30-5:20 PM |
| 24641 | M, W | Aug 24-Sept 9 | 5:30-6:20 PM |
| 24638 | M, W | Sept 14- Sept 30 | 4:30-5:20 PM |
| 24642 | M, W | Sept 14- Sept 30 | 5:30-6:20 PM |
| 24639 | M, W | Oct 5-21 | 4:30-5:20 PM |
| 24643 | M, W | Oct 5-21 | 5:30-6:20 PM |
| 24640 | M, W | Oct 26-Nov 11 | 4:30-5:20 PM |
| 24644 | M, W | Oct 26- Nov 11 | 5:30-6:20 PM |

West Cobb Aquatic Center

| | | | |
|-------|-------|---------------|----------------|
| 24233 | M, W | Aug 17-Sept 2 | 7:10-8:00 PM |
| 24180 | M, W | Sept 9-28 | 7:10-8:00 PM |
| 24181 | T, Th | Sept 8-24 | 7:10-8:00 PM |
| 25815 | Sat | Sept 6–Oct 11 | 11:10-12:00 PM |

<http://prca.cobbcountyga.gov>

Level 3 (age 6-15)

Students must be able to swim 50 yards consisting of backstroke and front crawl with rhythmic breathing to the side. Students must be comfortable swimming in deep water without assistance. Skills taught at this level include improving front crawl and backstroke, elementary backstroke, treading water, diving, and safety skills.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-------|---------------|---------------|
| 24896 | T, Th | Sept 8-24 | 6:00-6:50 PM |
| 24897 | Sat | Sept 5-Oct 10 | 1:00- 1:50 PM |

Mountain View Aquatic Center

| | | | |
|-------|------|-----------------|----------------|
| 24459 | M, W | Aug 17-Sept 2 | 4:30-5:20 PM |
| 24460 | M, W | Sept 14-30 | 4:30-5:20 PM |
| 24461 | M, W | Oct 5-21 | 4:30-5:20 PM |
| 24458 | Sat | Aug 22 -Sept 26 | 11:00-11:50 AM |

South Cobb Aquatic Center

| | | | |
|-------|-----|---------------|---------------|
| 24649 | Sat | Sept 8–Oct 13 | 12pm- 12:50pm |
| 24648 | Sat | Sept 8–Oct 13 | 1pm- 1:50pm |

West Cobb Aquatic Center

| | | | |
|-------|-------|---------------|---------------|
| 24186 | M, W | Aug 17-Sept 2 | 7:10-8:00 PM |
| 24185 | T, Th | Aug 18-Sept 3 | 7:10-8:00 PM |
| 24187 | Sat | Sept 5–Oct 10 | 12:10-1:00 PM |

<http://prca.cobbcountyga.gov>

Level 4 (age 6-15)

Students must be able to swim 100 yards without stopping (2 laps) including; front crawl with rhythmic breathing, back crawl, and elementary backstroke. Swimmers must be able to swim in deep water without assistance. Skills taught at this level include: improving previously learned strokes, breaststroke, sidestroke, and increased endurance

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-----|---------------|----------------|
| 24905 | Sat | Sept 5–Oct 10 | 10:00-10:50 AM |
|-------|-----|---------------|----------------|

Mountain View Aquatic Center

| | | | |
|-------|-----|-----------------|--------------|
| 24462 | Sat | Aug 22 -Sept 26 | 1:00-1:50 PM |
|-------|-----|-----------------|--------------|

South Cobb Aquatic Center

| | | |
|-------|-----------------------|----------------|
| 24650 | Sat. Sept 5 – Oct. 10 | 1:00pm- 1:50pm |
|-------|-----------------------|----------------|

West Cobb Aquatic Center

| | | | |
|-------|-------|---------------|--------------|
| 25816 | Sat | Sept 5–Oct 10 | 12:10-1:00PM |
| 24234 | M, W | Aug 17-Sept 2 | 8:10-9:00 PM |
| 24235 | M, W | Sept 9-28 | 8:10-9:00 PM |
| 24236 | T, Th | Aug 18-Sept 3 | 7:10-8:00 PM |

<http://prca.cobbcountyga.gov>

Level 5 (age 6-15)

Student must be able to perform the following strokes: front crawl, back crawl, breaststroke, sidestroke, and elementary backstroke. This class is designed to improve these strokes and prepare students for swim team participation. This class will introduce butterfly, surface dives and springboard diving.

Fees: 40.00 (R) 65.00 (N)

Central Aquatic Center

| | | | |
|-------|-----|---------------|----------------|
| 24912 | Sat | Sept 5–Oct 10 | 12:00-12:50 PM |
|-------|-----|---------------|----------------|

Mountain View Aquatic Center

| | | | |
|-------|-----|-----------------|--------------|
| 24463 | Sat | Aug 22 -Sept 26 | 1:00-1:50 PM |
|-------|-----|-----------------|--------------|

West Cobb Aquatic Center

| | | | |
|-------|------|-----------|--------------|
| 24237 | M, W | Sept 9–28 | 8:10-9:00 PM |
|-------|------|-----------|--------------|

<http://prca.cobbcountyga.gov>

Adult Aquarobics classes:

Central Aquatic Center

| | | |
|----------|-------------|----------|
| 9:00 am | Mon/Wed/Fri | Aerobics |
| 10:00 am | Mon/Wed/Fri | Seniors |
| 5:30 pm | Mon/Wed/Fri | Aerobics |

Mountain View Aquatic Center

| | | |
|---------|-------------|--------------------------|
| 8:00am | Mon/Wed/Fri | Aerobics (shallow water) |
| 9:00am | Mon-Fri | Aerobics (deep water) |
| 10:00am | Mon/Wed/Fri | Arthritis, AquaFit |
| | Tues/Thurs | Aerobics (shallow water) |
| 11:00am | Mon/Wed/Fri | Adaptive & Arthritis |
| 5:30 pm | Mon-Fri | Aerobics (shallow water) |

West Cobb Aquatic Center

| | | |
|----------|-------------|--------------------------|
| 9:00 am | Mon-Fri | Aerobic (shallow water) |
| 9:10 am | Sat | Aerobic (shallow water) |
| 10:00 am | Mon/Wed/Fri | Low Intensity (shallow) |
| 6:00 pm | Tues | Aerobics (deep water) |
| 6:00 pm | Thurs | Aerobics (deep water) |
| 7:00 pm | Mon/Wed | Aerobics (shallow water) |
| 11:10am | Mon/Wed/Fri | Low Intensity (shallow) |

South Cobb Aquatic Center

| | | |
|--------|------------|---------------|
| 9:00am | Mon-Fri | Shallow Water |
| 6:00pm | Mon/Wed | Deep Water |
| 6:00pm | Tues/Thurs | Shallow Water |

Aquarobic Fees:

| | |
|---------|---------------------------------------|
| Adults | \$3 per class (10-visit pass \$30.00) |
| Seniors | \$2 per class (10-visit pass \$20.00) |

Shallow Water:

Low impact, mid to high intensity to get blood flowing. A good aerobic workout with muscle toning

Deep Water:

Enjoy a deep water workout that has no impact on the joints, yet high intensity to burn calories...very cardiovascular...add a little body sculpting and you have a total body workout.

<http://prca.cobbcountyga.gov>

Competitive Swimming:

Cobb County Aquatic Facilities host several USA competitive swim teams.

| | |
|---------------------|--------------|
| Chattahoochee Gold | 770-928-1506 |
| Kennesaw Tidal Wave | 770-499-3296 |
| Marietta Marlins | 770-516-3668 |
| Stingrays | 770-428-3425 |

Additional Programs

Lifeguard Training - Class is designed to certify individuals in lifesaving, standard first aid and CPRO (CPR for the professional rescuer).

Cardio Pulmonary Resuscitation – Class is designed to certify individuals in the American Red Cross CPRO class

Water Safety Instructor – Class is designed to certify individuals to teach American Red Cross swimming lessons.

| | |
|------------------------------|--------------|
| Central Aquatic Center | 770/528-8465 |
| Mountain View Aquatic Center | 770/509-4925 |
| West Cobb Aquatic Center | 770/222-6700 |
| South Cobb Aquatic Center | 770/739-3180 |

Call facilities for dates

<http://prca.cobbcountyga.gov>

Cobb Aquatics Indoor Facilities ADMISSION FEES

| | Adult | | Youth/Senior | |
|-----------|-------|-------|--------------|-------|
| | Cobb | Non-C | Cobb | Non-C |
| Daily | \$ 3 | \$ 3 | \$ 2 | \$ 2 |
| 10 Visit | \$ 22 | NA | \$ 13 | NA |
| Monthly | \$ 25 | \$ 50 | \$ 18 | \$ 36 |
| Quarterly | \$ 68 | \$ 93 | \$ 40 | \$ 65 |
| Annual | \$180 | \$205 | \$124 | \$149 |

Family Passes

| Size | 3 mo | 6 mo | 9 mo | Annual |
|------|------|-------|-------|--------|
| 4 | \$70 | \$140 | \$210 | \$280 |
| 5 | \$80 | \$160 | \$240 | \$320 |
| 6 + | \$90 | \$180 | \$270 | \$360 |

A 6% tax will be applied to all admission fees and passes
Non-residents will be charged an additional \$25.00 non-resident fee

<http://prca.cobbcountyga.gov>

Competitive Diving:

The Central Aquatic Center and West Cobb Aquatic Center host a USA competitive diving team.

For more information contact Bill Humber, Metro Atlanta Diving at 770-528-8465.

